

Fairview Parks & Recreation
10025 Bunkum Road
Fairview Heights, IL 62208
(618) 489-2040

Happy Holidays
From the Parks & Recreation

Bulk Rate
U.S. Postage
PAID
Fairview Heights, IL
Permit NO. 8

To register for classes, fill out the release form on the back of this sheet and return with all fees to: Parks & Recreation, 10025 Bunkum Road, Fairview Heights, IL 62208. All classes are filled on a first come first serve basis. All cancellations must be submitted 7 days prior to the class/event date for a refund.

Programs for Children

TINY TAPPERS

(ages 4 - 6 years)

PRE-REGISTRATION REQUIRED

Half hour tap and half hour ballet. Children will have fun learning basic tap steps emphasizing basic motor control and rhythmic concepts along with basic ballet steps. Classes will be held once a week from 9:00 - 10:00 a.m. on Saturday mornings. Children will need beginner tap shoes for this class.

Resident \$20 & Non Resident \$25

Session 1: Jan 5 - Jan 26

Session 2: Feb 2 - Feb 23

Session 3: Mar 1 - Mar 22

Session 4: April 5 - April 26

Enrollment 4 min/12 max

BEGINNER DANCE

(ages 5 - 7 years)

PRE-REGISTRATION REQUIRED

Children will have fun learning beginning dance steps, pre-ballet movements, story and song interpretation and movement exploration. This class is designed to help gain balance, strength, self-expression, confidence and sequential learning. Classes will be held once a week on Saturdays from 10:15 - 11:00 a.m.

Resident \$20 & Non Resident \$25

Session 1: Jan 5 - Jan 26

Session 2: Feb 2 - Feb 23

Session 3: Mar 1 - Mar 22

Session 4: April 5 - April 26

Enrollment 4 min/12 max

Nothing Kills a Program Quicker...

Than everyone waiting until the last minute to register for it! At some point we have to determine if our enrollment is sufficient to hold the program or not. It is very important to sign up as soon as registration begins so that the program will not be cancelled or changed.



CHEERLEADING

(grades K - 6th)

PRE-REGISTRATION REQUIRED

In this class children will learn various cheers, jumps and techniques to teach you how to become a star cheerleader. Classes are held in the Recreation Room on Thursdays from 6:00 - 6:45 p.m.

Resident \$18 & Non Resident \$24

Session 1: Jan 10 - Jan 31

Session 2: Feb 7 - Feb 28

Session 3: Mar 6 - Mar 27

Session 4: Apr 3 - Apr 24

Enrollment 5 min/12 max



SPRING SOCCER LEAGUE

(K - 4th grade)

PRE-REGISTRATION REQUIRED

All games and practices are held on Saturday mornings at Moody Park. Children will be assigned to teams according to grade (K-2nd graders on teams and 3rd & 4th graders on teams). We are always looking for volunteer coaches! Cost includes a shirt. There will be a \$10 late registration fee after Feb 1, 2008.

Resident \$30 & Non Resident \$40

Saturdays - Time: 9:30 - 10:30 a.m.

March 1 - April 26, 2008

There will be no practice on

March 15, 2008.

SHOTOKAN KARATE

(ages 7 - Adult)

PRE-REGISTRATION REQUIRED

Beginner through black belt karate program designed to teach students all aspects of traditional and sport karate: basic techniques, stances, kata/forms, self-defense, matwork and sparring. A great family activity where students gain self-confidence, self-esteem and self-discipline while getting in shape and learning to defend themselves. Classes are at Three Tigers Martial Arts Center at 208 Frank Scott Parkway, Suite #4. Class has open enrollment and new students may begin at any time. A new session begins each month. Call for a schedule.

Monthly Sessions

1 Class per week \$25

2 Classes per week \$50



POM SQUAD

(grades K - 6th)

PRE-REGISTRATION REQUIRED

Children will learn a pom routine that will be performed at the Pee-Wee and Girls Basketball games. We will practice the first 4 weeks and perform the last 2 weeks. Children will learn a new pom routine for each session. Practices are held in the Recreation Room on Saturdays from 11:15 a.m. - 12:00 p.m. Performances for Session 1 will be held on Feb 2 & Feb 9, 2008. Performances for Session 2 will be on March 28, 2008, with 2-3 performances that evening. Price includes a shirt.

Resident \$35 & Non Resident \$42

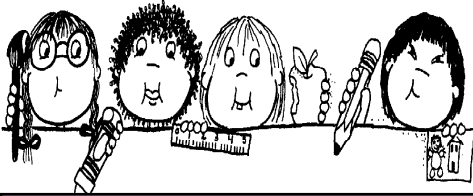
Session 1: Jan 5 - Feb 9

Session 2: Feb 23 - March 28

Enrollment 6 min/12 max

IN CASE OF BAD WEATHER

If your child is registered for a sport or event that could possibly get cancelled due to weather, please call 489-2040 and select the "program updates" option. This will be updated as soon as our office has been notified of the cancellation. We will also inform you of the make up option for that class/event.



Programs for Children

CRAFTY KIDS KORNER

All About Me

(ages 8-12)

PRE-REGISTRATION REQUIRED

We'll design a 'Braggin Tags Mini Album' for your child's school year using a variety of techniques and mediums. Sure to be a winner! Please make check payable to Jo Gardiner.

Cost: \$12.00

Date: Jan 21, 2008

Time: 1:00 p.m.



Deadline to register is Jan 7, 2008

Valentine's Day Cards

(ages 8-12)

PRE-REGISTRATION REQUIRED

We'll make 25 Valentine's Day cards, just in time for you to sign and hand them out at your class party! Please make check payable to Jo Gardiner.

Cost: \$6.00

Date: Feb 9, 2008

Time: 2:00 p.m.

Deadline to register is Jan 24, 2008

Pocket Door Hanger

(ages 8-12)

PRE-REGISTRATION REQUIRED

Create a 'Pocket Door Hanger' and design a personal journal using scissor distressing, tearing and crumbling techniques. You never know just what might be dropped into the pocket! Please make check payable to Jo Gardiner.

Cost: \$8.00

Date: Feb 18, 2008

Time: 9:00 a.m.

Deadline to register is Feb 5, 2008

Programs for Adults

MEN'S GOLF LEAGUE AT STONWOLF GOLF CLUB

PRE-REGISTRATION REQUIRED

Fairview Heights Parks and Recreation is now offering a men's golf league on Thursday evenings at Stonewolf Golf Club. League starts the beginning of May and runs through September with an end of season tournament. League fees are \$125 per team. This league will have a minimum of 8 teams with a maximum of 20 teams. Each team will be allowed to have a 10 man roster for a 4 man team. Weekly cost is \$20 per golfer which includes cart rental. This cost could increase if we do not receive at least 16 teams. (You can not beat this price!!) All teams need to pre-register and will need to have a team member attend the captain's meeting to discuss the rules of the league. Captain's meeting - April 10 at 7 p.m. Please call 489-2040 for a golf packet.



BELLY DANCING

(ages 16 & older)

PRE-REGISTRATION REQUIRED

Learn the ancient art of Oriental dance - a fun, low-impact aerobic exercise in a friendly supportive environment. Beginners will cover basic movements while learning simple choreography. Intermediate classes are held at the Lotus-Arts Studio, 6500 West Main Street, Belleville, IL 62223. Classes are held on Mondays in the Senior Center at 6:30 - 7:30 p.m.

Resident \$40 & Non Resident \$48

Session 1: Jan 7 - Feb 11

Session 2: Feb 25 - Mar 31

Session 3: Apr 7 - May 12

Enrollment 5 min/17 max

BALLROOM DANCING

(ages 16 & older)

PRE-REGISTRATION REQUIRED

Instructors Billy & Betty will teach everyone with two left feet the right moves. Classes are held on Monday evenings from 7:45 - 8:45 p.m. in the Senior Center. You must register as a couple.

Cost per couple \$70

Session 1: Jan 28 - Mar 10

Session 2: Mar 24 - May 5

Enrollment 10 couples min

SCRAPBOOKING CLASSES

SCRAPBOOKING 101

Have you always wanted to preserve your cherished photos and memories, but didn't know where to begin? I will teach you the basic scrapbook techniques. Bring 8-10 related pictures and walk away with a completed two-page lay-out! Please make check payable to Jo Gardiner.

Cost: \$5.00

Date: Jan 10, 2008 - 7 p.m.

Deadline is Jan 8th

Date: Feb 4, 2008 - 9:30 a.m.

Deadline is Jan 21st

Date: March 4, 2008 - 7 p.m.

Deadline is Feb 22nd

"WINTER WONDERLAND"

4-hour Crop

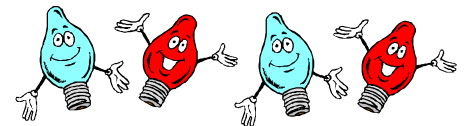
Gather up your stuff (pics., paper, adhesive, embellishments) and spend four hours getting pages done at your leisure. Bring a drink, light snacks will be provided.

Cost: \$5.00

Date: Jan 18, 2008

Time: 7:00 - 11:00 p.m.

Deadline to register is Jan 16, 2008



"JOY" Christmas Workshop

Gather up those freshly taken photos of the holiday fun and create a masterpiece. Stamping and edging, as well as embellishments such as ribbons, chipboard and a metal frame, help make this deep toned two page layout pop!

Cost: \$12.00

Date: Jan 22, 2008

Time: 7:00 p.m.

Deadline to register is Jan 8, 2008

"CHOCOLATE" 10-HOUR CROP

Calling all dedicated scrapbookers. Come and crop 'til you're full of chocolate! Bring your scrapbook materials, pages and pictures and design pages at your leisure. Feel free to participate in games every half hour, do two 'Create & Take's, participate in a basket drawing, play BINGO, order from the Idea Book and have a chance to become a 'Mystery Hostess' - lots of prizes!

Cost: \$30.00 (Dinner Included)

Date: Feb 9, 2008

Time: Noon - 10:00 p.m.

Deadline to register is Jan 18, 2008

STAMPIN' UP! CLASSES

(ages 13 & older)

PRE-REGISTRATION REQUIRED

Join Sheryl Dodson, an award winning demonstrator with STAMPIN' UP! for some fun stamping classes. All classes will be held in the Recreation Room. Fees for these classes need to be payable to Sheryl Dodson but mailed to the Fairview Heights Parks and Recreation Department. Classes are non-refundable after the deadline date and each class has a min/max enrollment. Feel free to bring non-alcoholic drinks and snacks. Visit www.sheryldodson.stampinup.net and for additional classes, and pictures.

Stamp Club Members save \$3 on the Stamp Camp, Desktop Calendar, Punch Class, & Stamp A Stack of All Occasion Cards.

VALENTINE'S Stamp Camp

Come make some great projects for Valentine's day. All supplies included in cost.

Cost: \$20

Date: Jan 25 at 7 p.m. or Jan 26 at Noon
Deadline to register is Jan 18, 2008

Desktop Calendar

Join me for a great calendar class. This calendar features 6x6 scrapbook pages, once you are finished with the month, you put the pages in an album. You can start with any month you would like. All supplies included in cost.

Cost: \$22

Date: Feb 22 at 7 p.m. or Feb 23 at Noon
Deadline to register is Feb 12, 2008

Punch Class

At this class we will make several cards featuring our great punches. You will be amazed at the cool things you can create using our punches. You won't want to miss this class. All supplies included in cost.

Cost: \$18

Date: Mar 7 at 7 p.m. or Mar 8 at Noon
Deadline to register is Feb 28, 2008

Stamp a Stack of All Occasion Cards

Are you behind on sending out cards, because you haven't had time to make them? Well this class is for you! We will make Birthday Cards, Thinking of You, Thank You.....basically whatever you need! 16 cards includes our great Stampin' Up! envelopes! 4 each of 4 designs. All supplies included in cost.

Cost: \$22.00

Date: Apr 18 at 7 p.m. or Mar 8 at Noon
Deadline to register is April 10, 2008

Programs for Seniors



BUNCO CLUB



2ND WEDNESDAY OF THE MONTH
(Jan 9, Feb 13, March 12 and April 9)

9:00 - 11:30 a.m.

Are you lucky with the roll of the dice? If so, this is the club for you! The Bunco Club will meet on the 2nd Wednesday of the month from 9:00 a.m. - 11:30 a.m. Gift certificates awarded for the most wins and the person with the most Buncos. Following the fun, join us for a light lunch. Cost is \$4 and pre-registration is required the Friday before each club date.

SENIOR LUNCH

Seniors 55 years and older come join the Parks and Recreation for a monthly social. Cost is \$5.00 per person. Join us on the first Thursday of the month in the Fairview Heights Sr. Center for an afternoon filled with food, friends and fun. Each month there will be lunch and bingo. You are guaranteed to have a great time!! Bring a friend and take this opportunity to meet some new friends. We have some great give aways/prizes; you won't want to miss your chance to win these items. **REGISTRATION IS LIMITED - NO PHONE RESERVATIONS ARE ACCEPTED.** To register you must fill out a registration form and mail it or bring it to our office with the payment.

All Lunches will begin at 11 a.m.

Jan 3 - Soup & Salad

Feb 7 - Meatloaf

March 6 - Chinese

April 3 - Ham & Pasta



SR SWIM PROGRAM

Fairview Heights residents who are 55 years and older can attend Aqua exercise classes at the Sonnenberg YMCA center. You must obtain a Swim I.D. card before you may begin. You may attend two exercise classes per week free of charge with this card. Please call 489-2040 for additional information.



Last Minute Shoppers!

Christmas is the season for giving not receiving. When you are shopping for that perfect gift, support the businesses that help support community programs. Show your patronage at your local Creve Coeur Camera. Shop for all your camera needs and accessories to help create and record memories that will last a lifetime. Thanks again from the Fairview Heights Recreation Department.



Important
news update from the
Police Department

CITY OFFERS COMMUNITY AND STORM NOTIFICATION SYSTEM

Available to all residents
FREE OF CHARGE!

Following the disasters that struck the City in 2006, work began to find methods of delivering critical information to the residents in a timely manner.

Residents and businesses in the City now have the opportunity to receive telephone calls to notify them of important information that may affect them. In October 2007, the City contracted with CODERED to provide this service.

There are many communities that utilize services similar to this to deliver important messages to their residents. **Fairview Heights is proud to be the first community in the St. Louis region to offer an additional product to deliver weather warnings by telephone.**

We encourage all of our residents to take full advantage of what this system offers. Sign up is quick and easy – just visit the Fairview Heights Police Department website <http://www.fhpd.co-st-clair.il.us/>.

If you do not have internet access, please call the Police Department at (618) 489-2130 and request to subscribe. An information packet will be mailed to you. Or, you can stop by the Police Department and sign up.

Trivia Night

Join us on April 12, 2008 at the Knights of Columbus Hall on Old Collinsville Road to find out what you know! Test your knowledge at the fun filled evening which features 10 rounds of 10 trivia questions each, covering a wide variety of subjects. Cash bar will be available. You are welcome to bring your own food **but no beverages**. \$100 for a team (max 10 to a team). Cash prize for 1st & 2nd place and a prize for 3rd place. Don't miss out on the fun - attendance prizes, 50/50 drawings and mulligans. Pre-Register now for an evening of fun!! Doors open at 6:30 and trivia begins at 7:00 p.m. Proceeds will benefit the Recreation Department for youth/senior and family programs.

Easter Egg Hunt



**JOIN US
AT MOODY PARK**



SATURDAY, MARCH 15, 2008

11:00 A.M. SHARP - RAIN OR SHINE

Fairview Heights residents ages 2 - 10 can join us at Moody Park on Saturday, March 15 at 11:00 a.m. for one of the areas largest Easter Egg Hunts!! This is one busy Easter Bunny, he throws out over 8,000 eggs. This event is **RAIN OR SHINE**. Plan to arrive early to avoid traffic and parking delays.

CITY DEPARTMENTS AND NUMBERS

City Clerk: 489-2000 ** Mayor's Office: 489-2010 ** Public Works: 489-2020

Parks & Recreation: 489-2040 ** Treasurer's Office: 489-2050

Land Use & Development: 489-2060 ** Library: 489-2070 ** Code Enforcement: 489-2080

RELEASE & REGISTRATION FORM

Please print clearly and use one line per program

Last Name: _____ Home Phone: _____ # of persons in Family: _____

Address: _____ City: _____ Zip: _____

Daytime Contact & Phone Number: _____ E-Mail Address: _____

REGISTRATION PROCEDURES: Please use this form for all class fees, clinics and family trips. You may either mail or bring this form with all fees to: Parks & Recreation, 10025 Bunkum Road, Fairview Heights, IL 62208. Business hours are Monday-Friday from 7:30 - 4:00 p.m. We also have a drop slot on the front door for after hours registration. **PLEASE MAKE SURE TO SIGN AND DATE THIS FORM AND INCLUDE ALL FEES.** Please note that when we refer to the Recreation Room, this is the old police department building.

TO BE REFUNDED FOR A CLASS, YOUR CANCELLATION MUST BE DONE ONE WEEK PRIOR TO THE SCHEDULED START DATE. CLASSES AND EVENTS THAT HAVE A REGISTRATION DEADLINE CAN NOT BE REFUNDED AFTER THE DEADLINE.

Program Name	Session	Participant's Name	Age	Birthday M/D/Y	Sex	Fee	T-Shirt Size

**Please make Checks
Payable to:
FHPR**

WAIVER AND RELEASE OF ALL CLAIMS:

I accept full responsibility by signing below for any claim arising out of the designated class period. I do hereby waive, release and agree to hold harmless the City of Fairview Heights, the instructors and additional sponsors for any claim arising out of this class. I acknowledge that I am aware of the risks of participating in a class/league of this type. I hereby certify that the named participant is in good physical condition and able to safely participate in a class of this type.

Signature of parent or participant 18 yrs or older: _____ Date: _____