

**2010 PAVILION RESERVATIONS**

Be the first to make your 2010 Reservation.

Start today by creating your on-line account at <https://activenet5.active.com/fairviewheights/> (For detailed instructions on creating an account click the FREQUENTLY ASKED QUESTIONS TAB) Once your account has been approved by the Parks Staff you will receive an e-mail with your customer activation link, you must click this link to activate your account. Do not wait until the last minute to create your account because you cannot begin using your account until it has been approved by our office. Reservations can be made on-line beginning January 1, 2010. Please call our office at 489-2040 if you have questions on creating an account. **\*\*Don't forget, you must be a Fairview Heights resident to make a reservation.**

**FAIRVIEW HEIGHTS PARKS AND RECREATION**



Saturday, February 6, 2010

**Daddy Daughter Dance**

Show your princess what she means to you with an enchanted evening of heavy h'ordeuvres, flowers, photos, dancing and fun. The evening begins at 6:00 p.m. and lasts until 9 p.m. in the lower level of the library. Cost is \$30 per couple and \$15 for every additional child. Corsages available for \$5 upon registration as a memento of their magical evening with daddy.

**PRE-REGISTRATION IS REQUIRED.**

**RELEASE & REGISTRATION FORM**

Last Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Daytime Contact & Phone Number: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

REGISTRATION PROCEDURES: Please use this form for all class fees, clinics and family trips. You may either mail, register on-line or bring this form with all fees to: Parks & Recreation, 10025 Bunkum Road, Fairview Heights, IL 62208. Business hours are Monday-Friday from 7:30 - 4:00 p.m. We also have a drop slot on the front door for after hours registration. Please note that when we refer to the Recreation Room, this is the old police department building.

To register for classes, go to <https://activenet5.active.com/fairviewheights/> or fill out the release and return with all fees to: Parks & Recreation, 10025 Bunkum Road, Fairview Heights, IL 62208. All classes are filled on a first come first serve basis. All cancellations must be submitted 7 days prior to the class/event date for a refund and will be subject to a 5% processing fee.

Program Name	Session	Participant's Name	Age	Birthday M/D/Y	Sex	Grade	Fee	T-Shirt Size

Now accepting: Go to <https://activenet5.active.com/fairviewheights/> to register!

**WAIVER AND RELEASE OF ALL CLAIMS:**

I accept full responsibility by signing below for any claim arising out of the designated class period. I do hereby waive, release and agree to hold harmless the City of Fairview Heights, the instructors and additional sponsors for any claim arising out of this class. I acknowledge that I am aware of the risks of participating in a class/league of this type. I hereby certify that the named participant is in good physical condition and able to safely participate in a class of this type.

Signature of parent or participant 18 yrs or older: \_\_\_\_\_ Date: \_\_\_\_\_

Fairview Parks & Recreation  
 10025 Bunkum Road  
 Fairview Heights, IL 62208  
 (618) 489-2040  
[www.cofh.org](http://www.cofh.org)



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**Programs for Children**

**FIT BITS**

(ages 3 - 4 years)

**PRE-REGISTRATION REQUIRED**

In this class we promote health and fitness while we help to define coordination, fine and gross motor skills, self discipline and self confidence. Through music and different movements children will love the fun activities we have planned. Classes are held in the Dome at William Holliday from 5:00—5:45 p.m.

Resident \$20 & Non Resident \$25  
**Session 1:** Feb 2—23 -Tuesdays  
**Session 2:** March 4-25 -Thursday  
**Session 3:** April 6-27 -Tuesdays  
 Enrollment 6 min/12 max



**CHEERLEADING**

(grades K - 6th)

**PRE-REGISTRATION REQUIRED**

In this class children will learn various cheers, jumps and techniques to teach them how to become a star cheerleader. Classes are held in the Recreation Room on Mondays from 6:00 - 6:45 p.m.

Resident \$20 & Non Resident \$25  
**Session 1:** Feb 1—March 1  
 No Class on Presidents Day  
**Session 2:** March 8-29  
**Session 3:** April 5-26  
 Enrollment 4 min/12 max

**Register for programs on-line at <https://activenet5.active.com/fairviewheights/>**

**Programs for Children**

**ITTY BITTY BASKETBALL**

(ages 4 - 6 years)

**PRE-REGISTRATION REQUIRED**

This program will introduce boys and girls to the fundamentals of basketball in a non-competitive setting. This class will help your child develop social skills such as listening and following directions as well as help with hand-eye coordination. On a mini court children will learn the basics using a size appropriate ball and lowered nets. We will play a game on the last day of class. Classes are held at Illini School Gym from 6:00 - 6:45 p.m. in February and from 5:00—5:45 p.m. in March.

Resident \$25 & Non Resident \$30  
**Session 1:** Feb 4-25 -Thursdays  
**Session 2:** March 2-23 -Tuesdays  
 Enrollment 6 min/12 max

**PEE-WEE VOLLEYBALL**

(ages 5 - 7 years)

**PRE-REGISTRATION REQUIRED**

Boys and girls will learn the fundamentals of volleyball in a non-competitive setting. On a mini court, children will learn the basics using a Volley-Lite ball and lowered net. We will play a catch and throw game on the last day of the season. Classes are held at Illini School from 6:00 - 6:45 p.m.

Resident \$25 & Non Resident \$30  
**Session 1:** March 2-23 -Tuesdays  
**Session 2:** April 8-29 -Thursdays  
 Enrollment 6 min/12 max



**Parks and Recreation**  
**489-2040**  
[www.cofh.org](http://www.cofh.org)



**Carl Evans Memorial Pee-Wee Basketball League**

League is held on Saturday mornings  
 January 9 - February 27, 2010 at Pontiac Jr. High



Children must be in 1st - 4th grade to attend  
 Children are divided into two divisions:  
 1st - 2nd graders & 3rd - 4th graders

\$45 per child/Fairview Res.  
 \$55 per child/Non-Residents  
 (Team Shirts Included)  
*Above price includes late fee of \$10*  
 No registrations accepted after December 18, 2009

# Christmas Spectacular

Sponsored by the City of Fairview Heights

Saturday, December 12th  
10 a.m.—1 p.m.

Enjoy face painting, balloon twisting, crafts, snacks, games, a caricature artist and of course a visit from SANTA!

Games 25¢,  
Crafts 25¢ - \$1

A variety of snacks and drinks will be available for purchase.

Have your picture taken with Santa for \$5

Children ages 2-10 along with their parents are welcome to join us at the Four Points by Sheraton

## SHOTOKAN KARATE

(ages 7 - Adult)

**PRE-REGISTRATION REQUIRED**

Beginner through black belt karate program designed to teach students all aspects of traditional and sport karate: basic techniques, stances, kata/forms, self-defense, mat work and sparring. A great family activity where students gain self-confidence, self-esteem and self-discipline while getting in shape and learning to defend themselves. Classes are held in the Recreation Room on Tuesday and Thursday evenings. Beginner class is from 5:30—6:15 p.m. & Intermediate class will be held from 6:30—7:15 p.m. Classes are instructed by the Three Tigers Martial Arts Center. Class has open enrollment and new students may begin at any time. A new session begins each month.

Residents \$30 & Non Residents \$40

## INSTANT GUITAR LESSONS for hopelessly busy ADULTS & TEENS

(ages 13 years and Up)

**PRE-REGISTRATION REQUIRED**

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. For more information go to [www.instantguitarnow.com](http://www.instantguitarnow.com).

Residents \$35 & Non Residents \$40

There will be a \$28 materials fee collected the night of class for the workbook and practice DVD.

Friday, March 5, 2010  
6:30 - 9:00 p.m.



## INDOOR SOCCER CAMP

(ages 6 - 8 years)

**PRE-REGISTRATION REQUIRED**

Boys and girls don't hang those shin guards up just yet, we have an indoor soccer camp just for you. In this camp we will broaden skills, help develop coordination and have fun each week playing scrimmage games. Because we will be indoor, cleats are not allowed, TENNIS SHOES ONLY! Camp will be held at Illini School from 5:00 - 5:45 p.m.

Resident \$25 & Non Resident \$30

Session 1: Feb 4-25 - Thursdays

Session 2: April 8-29 - Thursdays

Enrollment 6 min/12 max

## Programs for Adults

### MEN'S GOLF LEAGUE AT STONEWOLF

**PRE-REGISTRATION REQUIRED**

Fairview Heights Parks and Recreation is offering a Men's Golf League on Thursday evenings at Stonewolf Golf Club. League starts the beginning of May and runs through September with an end of season tournament. League fees are \$125 per team. For more information please call our office at 489-2040.

### BALLROOM/SWING DANCE

(ages 16 & older)

**PRE-REGISTRATION REQUIRED**

Instructors Bill & Betty will teach everyone with two left feet the right moves. Ballroom Dance classes are held on Monday evenings from 7:30—8:30 in the Senior Center. The basic dances that will be covered are: Foxtrot, Waltz, Rumba Cha Cha & Swing. These classes are perfect for beginners and experienced dancers that need a refresher course. You must register as a couple.

Cost per couple \$80 per session

Session 1: Jan 25 — March 15

(No Class Feb 15— Presidents Day)

Session 2: March 22 — May 3

Enrollment 5 couples min/8 max

# In Case of Bad Weather...

IF YOUR CHILD IS REGISTERED FOR A SPORT OR EVENT THAT COULD POSSIBLY BE CANCELLED DUE TO WEATHER, PLEASE CALL 489-2040 AND SELECT OPTION #4 "CANCELLATION INFO" OPTION. THIS WILL BE UPDATED AS SOON AS OUR OFFICE HAS BEEN NOTIFIED OF THE CANCELLATION. WE WILL ALSO INFORM YOU OF THE MAKE UP OPTION FOR THAT CLASS/EVENT.

## PASTRIES, CAKES, GOODIES & MORE TOUR

Wednesday, March 31, 2010

**PRE-REGISTRATION REQUIRED**

Cost for Trip \$12

Adults and Seniors can enjoy this trip which will tour a variety of bakeries throughout the St. Louis area and enjoy different treats from around the world. We will visit bakeries specializing in Mexican, German and French specialties. What's a baked goods tour without Goopy Butter Cake & Cheesecake? Don't fret, we will be hitting it ALL! No need to slave over the oven for dessert, this is a great opportunity to purchase your Easter goodies fresh from the bakery. The bus will leave the rear Library parking lot at 9:30 a.m. and return approximately 3:00 p.m. Transportation will be on a school bus. Don't forget to bring money for shopping and lunch at Lubeley's Bakery.

Enrollment 25 min/38 max

## Programs for Seniors

### SENIOR LUNCH BUNCH

Seniors 55 years and older can join the Parks and Recreation for a monthly social. Cost is \$6.00 per person. Join us on the first Thursday of the month in the Fairview Heights Sr. Center for an afternoon filled with food, friends and fun. After lunch, you can sit back and enjoy the all time favorite game of bingo. You are guaranteed to have a great time!! Bring a friend and take this opportunity to meet some new friends. We have some great prizes that you won't want to miss.

REGISTRATION IS LIMITED and NO PHONE RESERVATIONS ARE ACCEPTED. To register you must fill out a registration form and mail it or bring it to our office with the payment.

All Lunches will begin at 11 a.m.

Jan - Chicken Noodle & Veg Soup w/ salad

February - Chinese

March - Corn beef and Cabbage

April - Ham & Pasta

## BUNCO CLUB

2ND WEDNESDAY OF THE MONTH

(Jan 13, Feb 10, March 10 & April 14)

**PRE-REGISTRATION REQUIRED**

Are you lucky with the roll of the dice? If so, this is the club for you! The Bunco Club will meet on the 2nd Wednesday of the month. Enjoy donuts, coffee cake or bagels each time you roll your luck for a chance to win gift certificates at local establishments.

Residents \$1 & Non Residents \$2  
9:00—11:30 a.m.

### Nothing Kills a Program Quicker...

Than everyone waiting until the last minute to register for it! It is very important to sign up as soon as registration begins so that the program will not be cancelled or changed.



## ACTIVE AGING

Seniors 55 and older, let's get up and start moving! This program is an hour filled with warm ups, walk strong, chair aerobics, and arthritis exercises followed by a cool down. The class will be held in the Fairview Heights Senior Center. Please call 489-2040 to reserve your seat today!

TUESDAY & THURSDAY MORNINGS

Cost is \$1 per class  
9:00—10:00 a.m.

## Join us at these UP COMING EVENTS!!

### Moody Park Easter Egg Hunt

March 27, 2010

11:00 AM SHARP

Rain or Shine!!

Ages 2-10 years

Fairview Heights Residents & School Students Only

For more information please call (618) 489-2040



Are you apart of the social network FACEBOOK? Join us on Facebook to get information, updates and photos on programs and services throughout the year. We would love for you to become our friend!

Fairview Heights Parks invites you to be our friend on

facebook